British Caving Association How to book onto a course

Register with scheme

All candidates wishing to book onto a training or assessment course must be registered with the LCMLA & CIC award scheme. Candidates need only register once, for which there is a one-off fee for both the Local Cave and Mine Leader Award and Cave Instructor Certificate schemes. To register;

- Click here: <u>https://britishcaving.justgo.com/</u> and sign up
- Click on "Membership" and purchase LCMLA/CIC Scheme Membership
- A video which walks candidates through the sign-up process available here: <u>https://youtu.be/jo9IuUmx5FY</u>

Register for a course

Courses are delivered by Trainer/Assessors following the award scheme syllabus. Trainer/Assessors must register all courses with the Qualification Management System (QMS), however in some cases may choose not to advertise the course publicly on the system.

Candidates can only book onto a course if the pre-requisites are met.

Book onto a course through the Qualification Management System

- Log onto the QMS: <u>https://britishcaving.justgo.com/</u>
- Find a course
 - \circ Click on Events & Courses
 - \circ $\;$ Select course type then region
 - Select a course
 - Click "Add to cart" (note in most cases candidates are unable to book onto a course if they do not meet the pre-requisites)
 - Follow the payment method, even though the payment will be zero, and complete the order

Book onto a course direct with a Trainer/Assessor

If booking directly with a Trainer/Assessor, or for courses not advertised on the system, candidates will need to provide the following details (in the same format registered with the QMS) to the Trainer/Assessor so that they can manually add candidates to the course:

- First Name
- Last Name
- Membership Number (note this starts with ME)
- Date of Birth

In both cases, once booked onto a course the Trainer/Assessor will contact candidates with joining instructions, booking conditions and invoicing details.

Please be aware that Trainer/Assessors may remove candidates from a course if the Trainer/Assessors bookings terms and conditions are not met.



British Caving Association Local Mine Leader Training

Training courses are aimed at mine explorers who aspire to be leaders in horizontal mine systems.

Pre-requisites

Register with the scheme

A minimum of 12 mine exploration trips although at the discretion of the Trainer a candidate can be accepted with less experience.

Course Overview

A two-day (16 hours) training course with a ratio of 1 trainer to 6 candidates. At least 6 hours should be spent underground. The training course can be undertaken in any region.

The training course will have some elements of personal skill development, however, will primarily focus on leadership skills and techniques appropriate for leading groups within the remit of this award. It assumes candidates will have the basic level of competence in mine exploration.

The training course will cover the key areas of the assessment syllabus listed below, with a tailored focus on areas candidates typically have difficulty with or identify with the Trainer/Assessor as requiring further input. QMC have prepared some resources that may support a candidate, these are available on the BCA website.

Trainer/Assessors may offer resources and guidance for a candidate to help further their knowledge however candidates are encouraged to familiarize themselves with the syllabus prior to attending a training course so they can identify areas they are unfamiliar with and address these with their trainer.

Resource Links

- <u>Cave & Mine Leader: Ropework</u>
- Weather and its Effects on Caves
- <u>Cave & Mine Leader: Water Safety</u>
- <u>Cave Emergency Card</u>
- Mine Terminology
- Radon Underground

Syllabus

The assessment criteria for the core skills and group day are available below, the training course should cover the key areas of the assessment criteria although candidates will be required to further their understanding prior to assessment.



Experienced mine explorers who already have substantial experience of personal mine exploration and leading and supervising groups on mine exploration trips may seek exemption from attendance on a training course. Exemption requests should be made via the QMCs Training Administrator via the QMS "Enquires".

There is no exemption for the assessment modules.

Your Next Step

Once a candidate has satisfied themselves that they are ready to be assessed, they will need to identify the mines they plan to lead groups in, and ensure they are thoroughly familiar with those venues in a range of weather conditions.

Candidates will also need to have logged the minimum pre-requisite personal exploration experience outlined below. Note this pre-requisite experience can include trips prior to the candidates training course.

As a guide, the minimum experience expected is:

- At least one-year's mine exploration with at least 30 trips including 5 quality trips in mines of different types, i.e. metal, stone and /or slate
- A proportion of these should be as a leader under supervision.
- Some trips may be above and beyond the remit of the award

A quality trip should satisfy at least 4 of the following criteria

- Exploration of a new route or mine (new to the candidate that is),
- Incorporates at least 4 to 5 hours of underground exploration.
- An experience that develops an individual's mine exploration knowledge, skills and awareness.
- Incorporates mine exploration skills above the level of the remit of the award.
- Of the candidates own making i.e. the candidate is to lead the trip, or it is one done with peers and not led by an external source.
- Involves the application of vertical skills, digging or exploration.
- Exploration of mine systems with a streamway that responds to rainfall.

Candidates are to nominate 5 logged trips as quality days and justify this selection to the Trainer/Assessor using the above criteria.

The assessment process is split into two stages, a Core Skills Assessment which can be taken in any region however cannot be assessed by the Trainer/Assessor who delivered the candidates training and a Group Day Assessment, which cannot be delivered by the Trainer/Assessor who assessed the Core Skills Assessment and must be taken in one of the regions the candidate intends to lead groups in.

Candidates should approach a Trainer/Assessor independently to book an assessment. A list of Trainer/Assessors and their contact details can be <u>found by</u> <u>clicking here</u>.



British Caving Association

Local Mine Leader Core Skills Assessment Assessors Checklist

Pre-trip checks	
Weather forecast & source	
Water levels and fluctuations – recent	
rainfall / catchment areas	
Effects of bad weather – surface	
Access procedures	
Conservation awareness – surface	
Destination notes	
Mines / cave rescue call out procedure	
Guidebook / survey information	
Navigation – surface	
Clothing – suitability for wet / dry	
venues	
Helmet / belts / boots – suitability	
Lighting – suitability / duration	
Technical gear – suitability / limitations	
/ maintenance of rope / krab / sling /	
cowstails	

Underground emergency gear	
Spare lighting – suitability / duration	
First aid kit	
Emergency food	
Survival – shelter / warmth	
Knife	
Writing material	

History Brief history of a named mine(s) General working methods Minerals obtained

Surface hazards (such as*)	
Shaft tops	
Loose shaft lining (ginging)	
Unstable spoil heaps	
Unfenced excavations (stopes)	
Wheelpits	
Abandoned buildings	
Abandoned machinery	
Unconsolidated slimes dams	

Underground hazards (such as*	•)
Adit or other entrance	-
Roof supports	
Bad ground	
False floors	
Stacked deads	
Shafts – bypass method	
Flooded shafts – bypass method	
Submerged obstacles	
Hoppers	
Rotten stemples / ladders / staging	
Cables / chains / pipework	
Abandoned machinery	
Old explosives / detonators	
Dumped chemicals	
Dangerous gases (inc. Radon)	
Poor ventilation – treatment /	
action	
Weil's disease	
Pollution	
Loose / slippery rocks	
Deep water	
Awareness of flooding – speed of /	
likely effects	
Evidence of mine's reaction to	
flooding	
Difficulty of rescue	
Statistics / common rescue	
incidents	

Conservation	
Artefacts	
Minerals / formations	
Flora & fauna (inc bats &	
hibernacula)	
Effect of litter & pollutants	
Public relations	

*Surface and underground hazards will vary from region to region. T/As will ensure regionally important hazards are addressed during training and assessment courses



British Caving Association

Local Mine Leader Core Skills Assessment Assessors Checklist *(continued)*

B

(CO	nti
Accident & emergency procedures	
Incident management	
Assessment / first aid treatment / plan	
of action	
Rescue call out	
Hypothermia – awareness / treatment	
/ action	
Access / law / information	
Land ownership / access arrangements	
Mine ownership	
Mineral rights ownership	
Survey & information sources	

Application of legislation

Duty of care

Technical skills	
Underground navigation / survey	
interpretation / timing	
Suitable knots	
Selection and use of suitable belay	
points (natural and artificial	
including bolts)	
Lifelining rope only	
Lifelining using Italian hitch / slings	
/ krabs etc	
Assisted handline / hoist	
Traverse	
Unprotected climbs – position of	
leader	
Use of fixed aids – chains / ladders	
/ ropes	
Communication / group	
management	
Leadership / judgement	

Local Mine Leader Group Day Assessment Assessor Checklist

Suitability of Venue & Trip for group	
Pre trip checks eg insurance, AALS,	
Aims, medicals, Destination notes	
Historical working practices of listed	
mines	
Interpretation of current mine	
inspection reports & current issues	
Weather Conditions / Water Levels /	
Flood Awareness	
Compliance with Access Procedures	
Surface Navigation / Care of Groups	
en-route to Venue	
Suitability of Clothing & Personal	
Equipment of Group	

Vertical aspects	
Appropriateness of technical	
equipment	
Protection of group on scrambles	
with and without a rope	
Suitability and effectiveness of	
technique for descent / ascent	
Own progression	

Leadership Style / Rapport /	
Sensitivity to Group	
Effectiveness of Party Management	
/ Group Control & Safety	
Education / Conservation / History	
etc	
Use of Assistant Leader(s) if	
appropriate	
Appropriate Emergency Kit &	
Rescue	
Suitability of Group Briefings	
(Technical, Educational,	
Information, Hazards)	
Organization & Running of Day	
Duty of Care	
Call Out	