

British Caving Association

How to book onto a course

Register with scheme

All candidates wishing to book onto a training or assessment course must be registered with the LCMLA & CIC award scheme through the Qualification Management System (QMS). Candidates need only register once, for which there is a one-off fee for both the Local Cave and Mine Leader Award and Cave Instructor Certificate schemes. To register;

- Click here: <https://britishcaving.justgo.com/> and sign up
- Click on "Membership" and purchase **LCMLA/ CIC Scheme Membership**
- BCA Membership is optional (annual fee)
- Videos supporting the use of the QMS are available here: <https://tinyurl.com/QMSSupport>

Register for a course

Courses are delivered by approved BCA Trainer/Assessors in line with the award-scheme syllabus. All courses must be registered on the QMS. Courses may be **open**, advertised publicly on the QMS with booking via the Events & Courses area, or **closed**, arranged privately with candidates registering directly with the Trainer/Assessor.

Candidates may only book if they meet the stated prerequisites.

Book onto an open course through the Qualification Management System

- Log onto the QMS: <https://britishcaving.justgo.com/>
- Find a course
 - Click on Events & Courses
 - Select course type then region
 - Find and select a course
 - Click "Add to cart" (note in most cases candidates are unable to book onto a course if they do not meet the pre-requisites)
 - **Follow the payment method, even though the payment will be zero, and complete the order**

Book onto a closed course direct with a Trainer/ Assessor

If booking directly with a Trainer/ Assessor, or for courses not advertised on the system, candidates will need to provide the following details (in the same format registered with the QMS) to the Trainer/ Assessor so that they can manually add candidates to the course:

- First Name
- Last Name
- Membership Number (note this starts with ME)
- Date of Birth

In both cases, once booked onto a course the Trainer/ Assessor will contact candidates with joining instructions, booking conditions and invoicing details.

Please be aware that Trainer/ Assessors may remove candidates from a course if the Trainer/ Assessors bookings terms and conditions are not met.

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Tyrolean for Groups Training

The **Tyrolean for Groups Training** course is aimed at Vertical Leaders who wish to rig and manage Tyrolean Traverses underground. The award is only valid for those who have also completed their Vertical Leader assessment.

Pre-requisites

- **Attendance at a Vertical Leader Training Course** is required, unless an exemption from training has been granted in exceptional circumstances.

Course Overview

This course is primarily practical, delivered over a minimum of 7hrs, combining both surface and underground sessions. A maximum of four candidates may attend per Tyrolean Trainer/ Assessor.

Training is nationally recognised and may be attended in any region. Candidates should already feel confident exploring vertical caves and/ or mines. An understanding of SRT rigging and personal SRT progression is desirable, although not essential.

Training will focus on enhancing personal skills and will address specific techniques required for safely rigging and managing a Tyrolean Traverse underground. The course also covers key aspects of incident prevention and management.

The training course will cover the key areas of the assessment syllabus listed below, with a tailored focus on areas candidates typically have difficulty with or identify with the Trainer/ Assessor as requiring further input. QMC have prepared some resources that may support a candidate, [these are available on the BCA website](#).

The QMC has developed resources to support candidates in preparing for assessment - these are available via the BCA website. Trainer/ Assessors may also provide additional resources and guidance, but it's essential that candidates review the syllabus ahead of their course to identify areas for development and address these during training.

Resource Links

- [Tyrolean for Groups Rigging Notes](#)

Syllabus

The assessment criteria for the Tyrolean for Groups assessment are available below, the training course should cover the key areas of the assessment criteria although candidates will be required to further their understanding prior to assessment.

Your Next Step

Once a candidate has satisfied themselves that they are ready to be assessed for this module they can present themselves to a Tyrolean Trainer/Assessor as part of an extended Vertical Cave and/or Mine Leader Core Skills Assessment, or as a stand-alone assessment. The assessment can be taken in any region although is limited to the caves/mines on a candidates site list.

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The award is only valid with the Vertical Cave and/or Mine qualification and should be updated in the same way the Vertical Cave and/or Mine Leader award.

Candidates should approach a Tyrolean Trainer/ Assessor independently to book an assessment. A list of Trainer/ Assessors and their contact details can be [found by clicking here](#).

First Aid Requirements

For an award to be considered valid, candidates must hold a current and appropriate First Aid qualification.

To meet the required standard, a First Aid course should:

- Have a **minimum duration of two days (typically 16 hours)** instruction
- **Include a formal assessment** component
- Be **relevant to working in outdoor and adventurous** environments

While the BCA/QMC does not endorse specific First Aid courses or providers, candidates are encouraged to consult the [Health and Safety Executive \(HSE\)](#) website for guidance in selecting a course that meets the necessary standards and is appropriate for outdoor and adventurous settings.

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Tyrolean for Groups Assessment Assessors Checklist



Ethical considerations	
Venue choice and consideration to other users	

Vertical equipment	
Leader's personal equipment – suitability / care	
Choice and suitability of equipment for group members'– harness / cowstails / travelling pulley etc	
Knowledge of PPE regulations and equipment standards	
Ropes – appropriate type / inspection / usage / storage / tolerance of tensioned rope over edges	
Karabiner / maillons – types / usage / limitations etc / care and inspection	
Belay / clutch device – appropriate types / limitations / general slip rates	
Ascenders – types / limitations	
Pulleys - types / usage / limitations	

Forces	
Understanding of mechanical advantage (MA) systems including force distribution around the MA system	
Understanding of the forces involved in a tyrolean – during rigging / in use / dynamic loading / re-tensioning	
Tension limiting methods	
Clutch systems – uses, understanding and limitations	
Pros / cons of two tensioned ropes – understanding of forces with additional tensioned rope	

Knots	
Use of an appropriate range of knots knowledge of suitability / limitations	
Use of slings etc. to construct belays	

Rigging	
Equipment preparation/ packing	
Rigger protection – methods and their advantages/limitations	
Natural anchors – suitability/use	
Artificial anchors – pre-use checks – alignment and forces – redundant belays	
Pitch head – approach / ease of access / position of leader and problem prevention	
Edge avoidance – re-directions (if necessary)	

Group management	
Management on and off traverse – high rigging / adjustable lanyard (if necessary) / safe management on and off traverse / maximise working area	
Ability to assist clients over tyrolean / control descent on a descending tyrolean	
Limit dynamic loading	
Awareness of sag and edges during use	

Emergency techniques	
Limitation of rescues	
Haul systems	
Release techniques under load	