# **Cave Instructor Certificate (CIC) scheme**

**Request to start assessment**

In order to commence the CIC assessment process, the CIC panel must be satisfied that you have the necessary experience. The CIC is the highest award in British caving and as such holders are effectively ambassadors for instructed and guided caving. It is therefore an expectation that candidates have a wide and varied caving career and a passion for the sport. The CIC is not a simple progression from the LCMLA Scheme, which is a formal check of leadership competence at a more basic level. The CIC award is for cavers wishing to pass on technical skills at all levels and provide coaching in a variety of caves at different technical levels. This requires substantial personal experience and a commitment to the sport.

It is also recommended that you allow at least 6 months between training and assessment to consolidate all the skills required. Additionally, if your training was a long time ago it is recommended that you consider a refresher day/course as skills fade, change or syllabus requirements alter over time.

If you wish to be considered for assessment please download and complete this form. This should be sent to the Training Administrator at the address on the form. Please send an electronic version of your log book pages eg a spreadsheet or scan. This will be checked at the time of the first assessment module and it is your responsibility to ensure that it meets the minimum criteria for assessment. This form is designed to indicate to the CIC panel that you have that experience, but is a not a substitute for your logbook.

When your request has been considered you will be notified of the outcome. If accepted for assessment you may approach any CIC Trainer Assessor to be your Lead Assessor (other than any that provided two or more days of your original CIC training course). The second Assessor (for Module Two) will be allocated by the BCA on a rota basis.

If you have any questions about this process please ring the Training Administrator.

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(please use blank sheets if there is not enough room on the form)

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| --- | --- |
| **Surname:**  | **Title:**  |
| **First name (s):**  | **Date of birth:**  |
| **Address:**  |
|  |
| **Date LCMLA L2/ vertical leader awarded:** | **Post code:**  |
| **Home tel no:**  | **Work:**  |
| **ME no:**  | **Mobile:**  |
| **Email address:**  |
| **Date training completed**  |  | **Name of trainer** |  |
| **Pre-assessment experience**  |
| **Give an overview of your last four years caving experience.**  |
| **Outline with examples the different types of terrain you have encountered (such as tight passages, traverses, boulder chokes, streamways, deep water, free-diveable sumps, climbs and pitches).**  |
| **Give an overview of at least 25 days caving where you were leading and rigging at a level appropriate to CIC award.**  |
| **Outline with examples your knowledge of systems in your local area.**  |
| **List at least 15 cave systems of grade 4 or above your have visited in at least two other regions. Most of these should be vertical, and of some length/depth** |
| **Outline with examples your overseas experience. Overseas caving adds significantly to a candidates skill set and contextualises UK caving** |
| **Outline with examples your mines experience.**  |
| **Please add any further information here that you feel would support your request to start the CIC assessment process. (eg: BCA links, training role within a club, other higher awards in outdoor sports, coaching qualifications, IRATA etc)**  |
| ***I consent to the information on this form being used by BCA to provide training services as described in the privacy notice at***[***http://british-caving.org.uk/privacy\_notice***](http://british-caving.org.uk/privacy_notice) |
| **Signed** | **Date** |
| **Please return this form to****trainadmin@british-caving.org.uk** |
| **For office use** | Date form received |
| Date to CIC panel | Date outcome to candidate |