

British Caving Association

How to book onto a course

Register with scheme

All candidates wishing to book onto a training or assessment course must be registered with the LCMLA & CIC award scheme. Candidates need only register once, for which there is a one-off fee for both the Local Cave and Mine Leader Award and Cave Instructor Certificate schemes. To register;

- Click here: <https://britishcaving.justgo.com/> and sign up
- Click on "Membership" and purchase LCMLA/CIC Scheme Membership
- A video which walks candidates through the sign-up process available here: <https://youtu.be/jo9IuUmx5FY>

Register for a course

Courses are delivered by Trainer/Assessors following the award scheme syllabus. Trainer/Assessors must register all courses with the Qualification Management System (QMS), however in some cases may choose not to advertise the course publicly on the system.

Candidates can only book onto a course if the pre-requisites are met.

Book onto a course through the Qualification Management System

- Log onto the QMS: <https://britishcaving.justgo.com/>
- Find a course
 - Click on Events & Courses
 - Select course type then region
 - Select a course
 - Click "Add to cart" (note in most cases candidates are unable to book onto a course if they do not meet the pre-requisites)
 - **Follow the payment method, even though the payment will be zero, and complete the order**

Book onto a course direct with a Trainer/Assessor

If booking directly with a Trainer/Assessor, or for courses not advertised on the system, candidates will need to provide the following details (in the same format registered with the QMS) to the Trainer/Assessor so that they can add candidates to the course:

- First Name
- Last Name
- Membership Number (note this starts with ME)
- Date of Birth

In both cases, once booked onto a course the Trainer/Assessor will contact candidates with joining instructions, booking conditions and invoicing details.

Please be aware that Trainer/Assessors may remove candidates from a course if the Trainer/Assessors bookings terms and conditions are not met.



Cave Instructor Certificate

British Caving Association

CIC Module 2 Assessment: Vertical Caving Skills

A two-day assessment, above and below ground, of vertical skills.

Pre-requisites

Have scored at least 3 at module 1 assessment.

Once assessment has been started each module must be completed successfully no later than one month after the previous module.

Course Overview

Once module 1 has been completed the candidate will liaise with the appointed module 2 assessor to arrange a date and venue within a month of completion of module 1.

Each of these modules is conducted separately and consists of a written paper based on the content of the module followed by a practical assessment. The written paper is completed in the candidate's own time and is unsupervised. If desired, a candidate may opt to cover this work orally, though this will increase the duration of the module's assessment.

The second part of the assessment for each module requires a practical assessment at an appropriate location, chosen by the assessor in consultation with the candidate. The choice of caving area and venues for Module 2 is any surface venue providing suitable facilities and a significant major vertical system not familiar to the candidate. The candidate is expected to provide the equipment required to rig the chosen location. In areas such as dealing with emergency situations Trainer/Assessors sometimes use role-play methods. They will not be used extensively to assess leadership skills. Trainer/Assessors must ensure that it is made clear to candidates when role-play is to take place. The Trainer/Assessor has the right to terminate the assessment if the candidate is not up to the required standard in fundamental areas of the syllabus relating to safety or conservation. Should this occur, the candidate will be immediately informed by the assessor of their decision, and the outcome will be recorded as "Fail".

All CIC assessments have a ratio of 1 trainer to 1 candidate

Syllabus

The full checklist used by Trainer/Assessors which forms the syllabus for this award is provided below. Candidates should ensure they are familiar with all aspects of the checklist prior to booking an assessment.

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CIC module 2 - Vertical skills – surface check

<p>Personal SRT kit Fit for purpose</p> <p>Knots Figure 8 – loop/on the bight / Overhand / Figure 9 / Bowline / Bowline on the bight / Alpine/caver's butterfly / Double fisherman's / Capuchin / Clove hitch / Tape knot / Italian Hitch / Prusik knots (for ascent and autoblock)/ Fusion knot</p> <p>Personal SRT skills Ascending / Descending – vary friction / Reverse prussik / Mid rope changeover – up/down / Deviations / Rebelay / Pass knot – up/down / Negotiate aid traverse</p> <p>Improvised SRT Failed hand jammer / Failed chest jammer / Improvised abseil</p>	<p>Pull through Set up / Group management / Rope retrieval</p> <p>Belaying ladder pitches <i>(only to be assessed where candidates have been given LCMLA level 2 exemption)</i> Demonstrate various belay methods / Release each under load / Convert to haul / Incident management</p> <p>SRT rescue <i>(Scenario based)</i> Haul systems – used to assist casualty / Pitch Head lower – spare rope / Mid rope lower / Mid rope rescue / Snatch rescue – with and without spare rope / Pitch head hoist Ability to abseil past rebelay / Traverse evacuation</p>
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CIC module 2 - Vertical skills – Underground

<p>General Surface Navigation Access and Conservation Weather and Flooding Underground Navigation</p> <p>Personal SRT skills</p> <p>Pull through Set up / Group management / Rope retrieval</p>	<p>Underground Rigging Rigger protection / Traverse lines / Choice of anchors – natural, resin and spits / Choice of hangers / Choice of knots / Sharing anchors / Alignment of forces / Rigging for novices and peers / Rebelay – single and double bolts / Deviations</p> <p>Incident management Scenario based – with and without spare rope</p>
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Scoring Criteria

- [Module 2 Scoring Criteria](#)

Resource Links

- [Report on Water Safety for the CIC Award](#)
- [CIC Training for Tyroleans](#)
- [Coaching and CIC Holders](#)
- [CIC Pull Through Techniques](#)
- [Radon](#)
- [Cave and karst speleogenesis](#)

Tyroleans

Tyroleans are included in the CIC training course to help CICs have a basic understanding of them and to help develop their knowledge as Technical Advisers. More details here.

- [CIC Training for Tyroleans](#)

This may be discussed as part of your assessment.

Your next steps

To pass a CIC assessment a candidate must score 11 overall. They must score 3 in a module to move on to the next. They must score at least 7 in module one and two to move to module three. If the score is 6 or less an appropriate action plan will be produced. However, they may score 7 in the first two modules and then 3 in module three which is a total of 10 and therefore not a pass. If this occurs then the lead assessor must write an action plan and the candidate will undertake a further assessment to improve the identified weaker area(s). If the candidate fails this, they get one more chance before having to start the assessment process again.